



Anna Hubbard, Osgood

SPORTS MEDICINE

At MMH, our sports medicine team provides both operative and non-operative care and rehabilitation for sports injuries. We treat:

- Strains and Sprains
- Knee Injuries
- Shin Splints
- Fractures
- Dislocations
- Back Pain
- Hernias
- Concussions

Learn more at mmhealth.org.

Injury Makes the Comeback Sweeter

For as long as she can remember, 16-year-old Anna Hubbard has loved the game of basketball. That's why when she dislocated her knee cap last summer, the Jac-Cen-Del junior knew she had to train hard following surgery if she wanted to make a full recovery in time for the season's first game.

"After surgery, I started physical therapy at Margaret Mary," said Anna. "My therapists were great. They were friendly and upbeat, always encouraging me to push hard and meet my goals. They knew how important it was for me to play with my team in our opening game. Thanks to them, I came back stronger than ever."

Although Anna finished her last round of physical therapy in December, her experience at MMH affected more than her basketball career.

"I'm thinking about pursuing a career in health care," Anna added. "I want to help people the way my therapists helped me."



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